

## Introduction

### This report details the achievements of the Volunteer Services and Arts in Health Teams from April 2023 - March 2024



Ward Activities volunteer Jenny with patients on Brearley 5

In 2023/24 volunteers have supported over 73,000 patients to find their way, check in for their appointments, have a social and enjoyable arts session, receive their discharge medication more quickly, receive peer or pastoral support and much more. 2244 tasks have been completed by Active Response volunteers and 26,000 Pharmacy packages have been delivered by our Pharmacy Runners. 35 young people aged 16-18 have taken part in our "Team Impact" programme. We launched our Patient Feedback volunteer team, our Volunteer Careers Club and our Volunteer Patient Experience Forum. Volunteers started working in new areas such as Discharge Lounge and Antenatal vaccine clinic.

In Arts in Health, over 5000 people have enjoyed music concerts on wards, 1109 inpatients have benefited from arts activities sessions and over 100 patients with long term conditions such as Long Covid have benefited from the final projects in the In and Out of Hospital programme. A variety of new artworks have been installed to enhance the environment and our new 'Five Rivers' gallery at the Royal Hallamshire opened with an exhibition of staff artwork. The "Our National Health Stories" project concluded with finale performances both locally and nationally alongside the 18 other participating Trusts. Our library trolley "Rolling Reads" was launched as well as our Arts in Health newsletter.

We now have Sharepoint pages for both Volunteers and Arts in Health which hold information for colleagues on how to support volunteers, how to order arts resources and contain links to our Things to Do website page and Volunteer policy etc.

Arts in Health - Home (sharepoint.com)

<u>VolunteerServices - Home (sharepoint.com)</u>

Volunteer Services and Arts in Health are generously supported by Sheffield Hospitals Charity (see end of report for more information). You can find out more about the work of the Charity here - Sheffield Hospitals Charity website



## Volunteers - Status as at 01/04/2024

302 Active volunteers

13 applicants

55 in recruitment process

20518 hours logged 26043
Pharmacy
packages
delivered

73769
patients and
visitors
supported

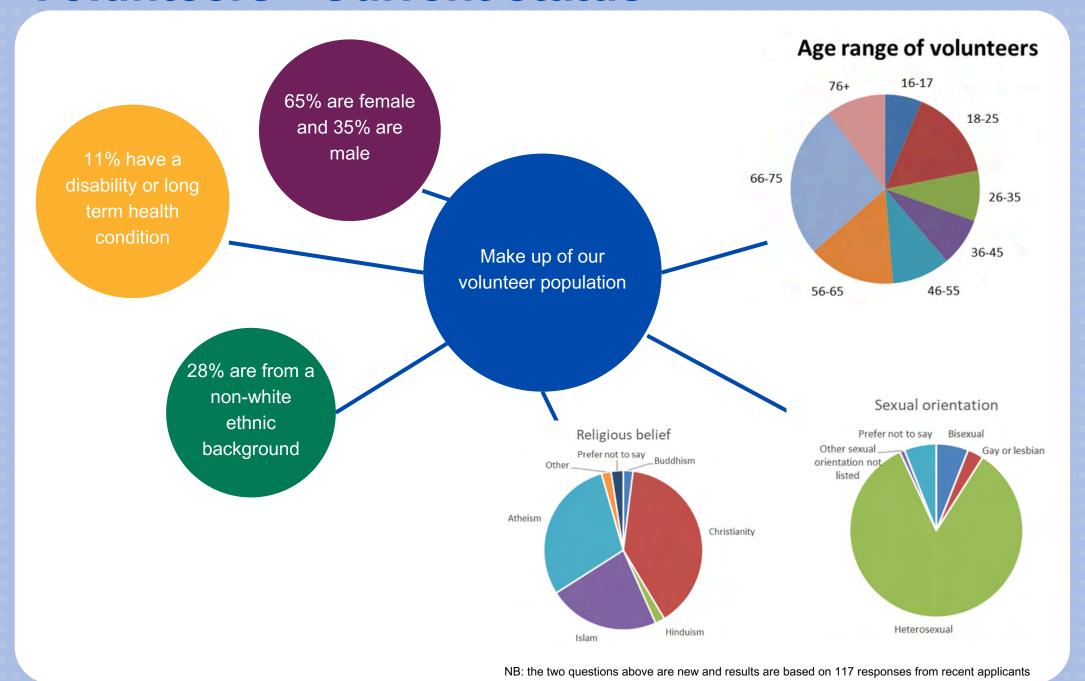
2244 Active
Response
tasks
completed

### 37 roles across 61 departments/wards

	No. of
Volunteer role	vols
Active Response NGH	35
Active Response RHH	16
BLISS	1
Book Trolley- NGH	2
CDCU-WPH	9
Chaplaincy	18
Clerical Role-RHH	2
Discharge Lounge-NGH	4
History Group-NGH	6
Music Volunteer-NGH	5
Ophthalmology	3
Oral History Project	5
Outpatients-NGH	3
Outpatients-RHH	7
Palliative Care Unit	6
Patient Feedback-adhoc	13
Peer Mentor Service-Stonegrove	6
Pets as Therapy	9
Pharmacy-NGH	18

	No. of
Volunteer role	vols
Pharmacy-RHH	8
Pharmacy-WPH	5
Public Research Champion	4
Radiology RHH	2
Sexual Health Sheffield	13
Sheffield Hospital Charity-HUB	3
Sheffield Open Heart Club SHOC	22
SPARC-Aphasia Befriender	1
SPARC-Ward based role	9
Spinal Injuries -NGH	1
Team Impact	19
Vaccination Programme- ANC	1
Ward Activities-NGH	14
Ward Activities-RHH	11
Welcomer-NGH	11
Welcomer-RHH	22
Welcomer-WPH	4
Weston Park Cancer Information & Support	
Centre	6

## **Volunteers - Current status**

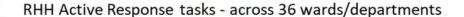


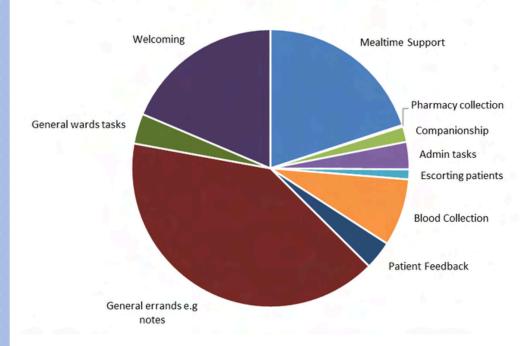
# **Volunteers - Our projects**

### **Active Response volunteers**

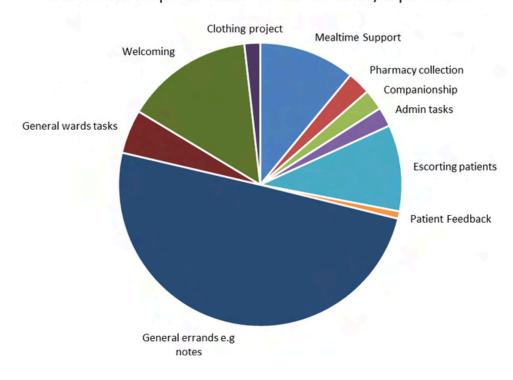
Volunteers are on duty Monday to Friday from 10am to 2pm and available to carry out many helpful tasks for wards and departments. From helping with meal service to providing companionship for patients, from completing light admin tasks to moving medical records.

In 2023/24, across all sites, Active Response volunteers completed 2244 tasks, the make up of which is shown below.





#### NGH Active Response tasks - across 60 wards/departments



# **Volunteers - Our projects**

## **Team Impact**

Team Impact is our initiative for young people aged 16-17 to have the opportunity to experience volunteering in the hospital environment. Partnered with an experienced volunteer, they can try out roles such as Welcoming, Active Response, Ward Activities and volunteering in Chemotherapy Daycase. The first cohort of 14 young people concluded their time with us in summer 2023 with 4 achieving the National Volunteer Certificate through their experience. 6 young people enjoyed their time with us so much that they continued to volunteer and one is still with us now.

Working closely with local schools, a further 19 young people were recruited for Cohort 2 and began volunteering in December 2023. 12 have already completed their first 30 hours and are progressing towards their full National Volunteer Certificate (achieved at 60 hours and with additional e-learning).



Team Impact volunteer Sumayah with Pharmacy volunteer Keith

100% of Cohort 2 volunteers said that the scheme had improved their confidence and that they feel a valued member of the volunteer team.

91% said that it had, or maybe had, helped with their career decisions.

"I have found it a very positive experience as it has improved my confidence and have noticed that in all aspects of my life. Also it has been great being able to help people who may be lost and need directions or an easier way to get to where they need to go as helps relieve some stress or worries about getting to their appointment in the first place and people are very thankful which has been positive also!" Team Impact volunteer

# **Volunteers - Our projects**

## **Clothing Project**

Our Clothing for Patients project is back up and running and taking donations of clothing which is laundered, sorted and made available to wards for patients who may be in need of it.



### **Patient Feedback**

Volunteers are regularly called upon to assist with patient feedback projects via the Patient Experience Team. In 2023/24 volunteers have assisted with;

- FFT phone surveys for ARC (Assessment and Rehabilitation Centre)
- FFT cards data inputting
- National Audit of Dementia surveys
- Calls to patients of the Parkinson's Service
- Calls to patients who have missed appointments with the Neurology Department

## **Therapy Dogs**

We have 7 owners and 8 dogs in our Therapy Dogs team who conduct both patient and staff visits with the aim of providing joy and improving wellbeing. From the Teenage Cancer and Chemotherapy Daycase Units at Weston Park, to the Acute Therapy department and Radiology, the dogs and their owners brighten people's days.



Therapy Dog Olive visiting patients at Weston Park

Stefany Whitehead from Medical Records at RHH with Therapy Dog Ceto

# **Volunteers - Developments**

A Patient Feedback volunteer team has been established, with bespoke training for volunteers from the Trust's Patient Experience Team.





Training sessions have been made available to volunteers from the Carers Centre to explain the services they offer and volunteers have access to the Trust's "Do you look after someone" leaflet to distribute. Sessions run at both sites every 6 months.

We launched our Volunteer Careers Club. 111 volunteers have now joined who are interested in a career in healthcare. They receive jobs bulletins, information on employability courses and details of careers events. A bespoke information session was held for volunteers run by the Trust Employability Lead. A number of volunteers have recently secured work with the Trust or in associated careers.





We launched our Volunteer Patient Experience Forum, jointly with the Patient Experience Team, which collates the valuable feedback of Welcomer volunteers on what affects the patient experience. This feeds into PEEG (Patient Experience and Engagement Group) and gives us the authority to take forward actions on issues such as patient letters, travel, signage etc. Suggestions have already been implemented for example to improve signage on site at RHH.

We revisited Trust Membership with our volunteers in partnership with the Trust's Membership Officer, ensuring that all existing volunteers were given the chance to join and new volunteers can join on application with details sent to the Membership Officer.



# **Volunteers - Other updates**

**Discharge Lounge** - 4 volunteers are now active in the newly refurbished Discharge Lounge at NGH assisting staff and patients with general errands, refreshments and companionship.

**Volunteer Training** - Our initial volunteer training package was reviewed and redesigned, Volunteer Catering training also had an overhaul in conjunction with the Catering team and the volunteer Mandatory Training workbook was reviewed by the Learning and Development team.

Volunteers in vaccination clinic- Volunteers have assisted the team at Jessops with their vaccination clinic, based in the Antenatal clinic. "It does really make a difference to uptake having the volunteers at ANC highlighting the service so please pass on our thanks for their valuable time." Tris Keogh, Gynaecology Clinical Nurse Educator



Volunteers Alyse, Alice, Jill, John and Samuel

PhysioWorks website- Volunteers helped
PhysioWorks to redesign the Sheffield aches and
pains website to work for the local population.
"We've had 7 people come forwards already. Have
spoken to one lovely lady who represents an often
hard to come by volunteer/patient voice. This is the
quickest response I've ever had for patient/public
involvement." Simon O'Shea, Enhanced Role
Physiotherapist

## **Volunteers - Feedback**

### From Therapy Dog owner Janet:

"Yesterday I visited the Endoscopy department with a really lovely outcome from a patient that had gone through a traumatic procedure. With the help of Pippa and Teddy's calming influence we left the patient telling jokes and feeling much better from our visit.

It was wonderful to see both staff and patients seeing the difference dogs make in giving comfort and unconditional empathy."

From Matron Sarah Briggs about help from Active Response volunteers, NGH:

"Just wanted to say thank you for the support the volunteers gave SDEC/ED while we had moved to our temporary location on B floor. All their help was appreciated."

### From a patient's relative about Welcomer volunteer NGH:

"All the staff she came into contact with, from the volunteer in Huntsman (who found a wheelchair for her and personally took her and my sister up to A&E reception), the doctors and nurses in the department and the radiographers all treated her with compassion and respect despite it being a very busy A&E department."

## **Volunteers - Feedback**

From Grants Officer Zoe Roebuck - volunteers assisted with wrapping over 600 gifts for patients at Christmas:

"I'd like to thank everyone for their hard work, volunteering service and the how easy they made it all for me, it was like a military team! They all smashed it and I'm really grateful!

Please send my thanks onto them all. It's great when we all come together to deliver a great outcome.."

From a relative about volunteer Andrew in the Eye Imaging Hub, NGH:

"He was friendly, actually smiled, allowed us to enter although we were 20 minutes early.

He pointed out the hand sanitiser, explained how to check in on the screen, got us a cup of tea at no charge ...

He was just brilliant with everyone who came in, young, old, man or woman, regardless of ethnicity. He gave exactly the same great service to everybody."

From a relative about patient visits by Active Response volunteers, NGH:
"I just wanted to say a huge thank you for arranging the visits last week, it is so much appreciated. I met two of the volunteers on the ward today who said they had spent some time with Mum and they were lovely. They even said they would keep popping back in when passing whilst Mum is still there."

## **Volunteers - News**



Two longstanding volunteers retired in this period. Ann Griffiths (left) volunteered for 22 years, firstly with the League of Friends and latterly, in Outpatients 1. David Drabble (right) spent 14 years volunteering at Chemotherapy Daycase as well as with the COVID Vaccination programme.





Our annual Volunteer Celebration Event took place on 2nd June to mark Volunteers Week with 90 volunteers in attendance.

Volunteers enjoyed a celebratory afternoon tea on 12th January to thank them for their contribution, with speeches by Lead Nurse Louise Bringloe and Charity Chief Executive Beth Crackles



## **Volunteers - News**



Volunteering at STH was promoted at the STH Sharing Best Practice Festival in October (left) and the NHSE Refugee recruitment event in November (right)





Volunteers Phil (left) and Helen (right) spoke at the Stroke Foundation course in November to share their experiences of volunteering at SPARC (Stroke Rehabilitation Centre)





Volunteer David Drabble (centre) won Volunteer of the Year at the STH Thank You Awards in November. Annie Fonseca and Warren Cookson were Highly Commended.

Volunteer Mohsin and Volunteer Coordinator Fiona distributed toiletries to Brearley Wards at Christmas, donated by Sheffield Vulcan Rotary Club.



# **Volunteers - Future plans**

Our future plans include;

Working alongside the Stroke team, we will establish a team of volunteers, appropriately trained to **assist patients with feeding**, initially at SPARC.

A new initiative to reward volunteers and encourage logging of their contribution, **pin** badges denoting hours of voluntary service will be introduced.

Volunteers will be offered training in **assisting patients with complex needs** following feedback from volunteers and in collaboration with the mental health team.

The introduction of "**Tea for Two**" - a volunteer run tea trolley visiting wards to provide refreshments but, more importantly, a friendly smile and a chat if that is wanted.

Volunteer placements for c. 20 young people on the **NHS Cadets** Advanced programme. NHS Cadets is an NHS England collaboration with St John Ambulance Service.

Volunteer placements for a small number of **ReSTORE nurses** - a South Yorkshire structured programme for refugees with healthcare backgrounds in their country of origin to become nurses within the NHS.



Volunteers continue to assist with many and varied activities as needed such as; PLACE assessments - as patient assessors, Blackstart generator tests - directing patients during generator testing

# **Volunteers - Voluntary Partnerships**

We have Memorandums of Understanding with a number of departments and external organisations who utilise volunteers within the hospital. As these are often specialist roles, the departments/organisations support the volunteers on a day to day basis but must comply with the Trust Volunteer Policy and all recruitment checks and mandatory training are provided and monitored by the Volunteer Services Team.

Sheffield Open Heart Club (SHOC) 22 volunteers Offer peer support to those undergoing heart surgery.

**Back Up Trust** 

Supporting patients

with spinal cord injury

Chaplaincy 18 volunteers Provide pastoral support for patients in hospital.

> **BLISS** 1 volunteer Supports the

Peer Mentor, Stonegrove 6 volunteers Peer support for patients with HIV

**Conversation Partners** Now recruiting. Supported by Speech and Language team to help stroke survivors practise conversation in their own homes.

**History Group** 6 volunteers Research, maintain and communicate an archive of the hospital's history.

Weston Park Cancer Information Centre 6 volunteers Support patients coming into the centre and at the Transport Hub.

families of babies in neonatal care

**Oral History Project** 5 volunteers With Sheffield University - interview and record patient histories e.g. **Palliative Care** 

Sexual Health Sheffield 13 Peer Mentor volunteers Provide advice to patients in communities on sexual health matters.

**Hospital Radio** Currently preparing new studio to re-launch. broadcasting digitally.

## **Arts in Health - Our National Health Stories**

# National Health Stories

The Our National Health Stories project concluded in November 2023 with a live performance of song, dance, poetry, music and animation at Theatre Deli in Sheffield. Choreographer Crystal Zillwood, Composer Chris Bevan and writer Susan Downer took staff drawings, sound recordings and poetry, collected over the summer of 2023, and turned them into a wonderful performance which you can watch here.

### Watch the STH finale performance

Our National Health Stories was a national project with 18 other Trusts, to collect stories of those who work in the NHS in its 75th year, whilst also providing creative activities for staff and showcasing the work of hospital Arts in Health teams.

The project was funded by the Arts Council and by local hospitals charities including Sheffield Hospitals Charity.

### The national picture

Nationally, the project culminated in a 'live' stream of performances from around the participating hospitals, followed by a show featuring NHS staff from across the country at Aviva Studios in Manchester.

### Watch the national performances

STH appear in the finale show at 1hour 38mins and in the Trust streamed events at 8mins 07 seconds.

"I have found this project uplifting, it has improved my mood and given me a creative outlet, and the chance to connect with other NHS workers outside my usual sphere on a deep level. We have shared our joys and our pain and supported each other. The conversations as well as the movement and song have been therapeutic. I know others in my group have felt the same... It has reinvigorated my belief in the power of the arts to heal, to bring joy, to enable expression and to connect people in ways that words alone and emails do not."

Rachel Foster, Consultant, Infectious Diseases



STH staff performing at national event in Manchester, 23 Nov '23

# Arts in Health - In and Out of Hospital project

In and Out of Hospital was a project funded by Arts Council England and Sheffield Hospitals Charity which began in 2017 with the aim of embedding creative activities, and their associated benefits, into the healthcare regime. Professional artists have worked with hundreds of patients across various specialities as well as with staff through our 5 staff art clubs.

The final stages of the project from April 2023 involved a number of projects, in partnership with various departments, demonstrating the value of creative activities for those with long term medical conditions.



Singing for Lung Health in partnership with the Long Covid Support Hub. 20 patients took part in sessions with singing for lung health facilitator Helen Lyle.

"This has been a supportive environment to meet people in similar circumstances with supportive coordinators to develop good breathing and singing techniques without any pressure." "I would definitely recommend these workshops for people with long covid. It was a welcome event in my week. I found the sessions informal, instructive and intuitive. I was completely involved."



Mindfulness Drawing in partnership with the Long Covid Support Hub. Artist Donna Brewins-Cook led 10 sessions at the Millennium Gallery. 15 patients took part.

"I can't tell you how much I have enjoyed the classes. It's been so beneficial for me... it's been so comforting to speak to others going through similar and also to be able to do something that provides a creative outlet...Creating art at home, whilst still beneficial, is isolating, so with a condition like long covid that is isolating anyway, being able to mix with other people and create together will be very much missed. Even the act of driving myself somewhere and arriving in a friendly and supportive place has been really beneficial and it's enabled me to feel more independent."

# Arts in Health - In and Out of Hospital project



Printmaking session with patients from the Head & Neck support group at Burton Street,
Hillsborough. One off session for 25 participants with facial disfigurement following cancer,
run by Arts in Health and supported by Louise Marley, MacMillian specialist nurse.

"One of the best experiences presented by a wonderful and helpful day. The anticipation of what was
expected surpassed any worries. Most wonderful day with a wonderful team."

"It improved my wellbeing, enjoy socialising at the same time as learning new skills which I can enjoy
with my grand-children."



Movement to Music sessions for people who are rehabilitating from a stroke and based at SPARC (Stroke Pathway Assessment Rehabilitation Centre). 6 patient sessions (average of 7 patients each session) were led by dance artist, and qualified 'falls prevention dance tutor', Charlotte Armitage. Followed by a train the trainer session for 6 staff.

The achievements of the whole project have been captured in a Legacy Book which showcases all the projects, the artwork that has been created and, most importantly, the benefits which patients have received by participating. The Legacy Book explains why the project was so important and we hope will encourage a continuation of the project in some form, by inspiring professionals to realise the positive effects these activities can have for patients, both physically and emotionally (see section on Future Plans). A copy of the book can be downloaded from our website click here



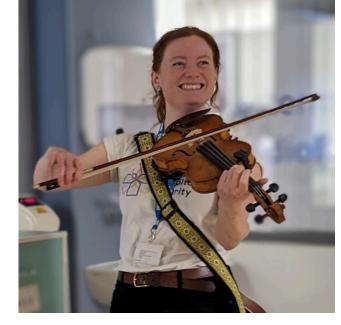
# Arts in Health - Music concert provision

18 professional music concerts a month took place across 19 wards. Volunteers now accompany musicians to some concerts and use percussion instruments helping to further engage patients in the concerts as well as gathering feedback.



5388 people a year benefit from music concerts

Hospital	Ward	Speciality
NGH	Brearley 2	Geriatric
	Brearley 4	Geriatric
	Brearley 5	Geriatric
	Brearley 6	Geriatric
	Brearley 7	Dementia
	Chesterman 2	Cardiothoracic
	Critical care	Critical Care
	Firth 2	Vascular
	Hadfield 6	Spinal Surgery
	Huntsman 5	Orthopaedic
	Osborn 1,2,3	Spinal Injuries
	Osborn 4	Neurohabilitation
RHH	Critical Care	Critical Care
	F1	Urology
	G2	Geriatric
	H2	Stroke
	I1	Head and Neck
	Q2	Orthopaedic
Community	SPARC	Stroke rehab



Rosie Hood from Dovetail Duo on Chesterman 2

"3 sisters and a deputy nurse director stood in amazement watching one patient engage with music. A moment of goosebumps all round!" Staff member Brearley 7

Locations of concerts April 2024

# Arts in Health - Music concert provision



A donation of £500 from Arts Society Hallamshire was used to purchase percussion instruments for use by volunteers to further engage patients in music concerts

Pictured right, one of our Music Volunteers, Penelope

Everyone really enjoyed it. Gordon (stroke patient) was using both arms!" Music volunteer, SPARC



### Recent feedback on music concerts;

"Positive feedback from staff, patients and relatives on D Floor Critical Care regarding the lovely soothing music played today. Thank you." Senior Sister, Critical Care

"Really enjoyed the music, so calming and entertaining. Made a lovely change to me. Was nice to have something to take my mind off being poorly" Patient, Huntsman 5

"Very good! Helped keep our patients entertained and engaged! For our dementia sufferers particularly they were very engaged which is good for their recovery." Staff member Brearley 4

"The staff were...dancing with each other in the hallways and a big ending with several staff dancing with patients in bay D to 'Dancing Queen'. So lovely and such a pleasure to play for this ward' Musician, Chesterman 2

## **Arts in Health - Ward Activities Volunteers**

24 Ward Activities volunteers deliver arts and other activities on 15 wards every week (28 sessions in total). They offer one to one activities at the bedside, or group sessions in dayrooms, which have the benefit of encouraging patients to move from their beds and socialise with others as well as providing distraction from boredom and learning new skills.



Volunteers Sue and Anita with patients on N2 - April 2023

Hospital	Ward	Speciality
	Brearley 5	Geriatric
	Hadfield 3	Gastro
	Hadfield 4	Gastro
NGH	Huntsman 1	Frailty
	Huntsman 5	Orthopaedic
	Huntsman 7	Mixed medical
	Osborn 1,2,3	Spinal Injuries
	F1	Urology
	G2	Geriatric
01111	H2	Stroke
RHH	L1	Neurology
	L2	Stroke/Neuro
	N2	Neurology

2224 patients benefitted 2023/24

> 1109 volunteer hours logged 2023/24

Recent feedback from patients on Ward Activities volunteers;

"You cheer me up. Very entertaining. Nicest thing that happened today" Patient L2

"It has improved my mood and it's sweet and interesting to do when not much goes on in here. We had no idea there were now teens doing this. It's really lovely. It's wonderful." Patient E1

"Distracted me from falling asleep and giving up. They were good and stretched my imagination." Patient Hadfield 6
"Puzzle book and pick me up pages kept me busy. Nice to have people come and ask you about your life." Patient
Chesterman 4

## **Arts in Health - Ward Activities Volunteers**

Ward Activities volunteers support the Activities
Coordinators at the Spinal Injuries centre where they run
arts sessions for patients as well as weekly Bingo!







Petra & Caitlin at Bingo session

"One lady told me that she hadn't played bingo in years but really enjoyed it. She won twice and was very pleased with her prizes. She couldn't stamp the paper herself as she couldn't move her hands so I helped her and she thanked me and said that otherwise she wouldn't have been able to join in." Volunteer Caitlin

"I mainly assisted a returning patient who said she hadn't painted for 10 years but was glad to do it again 'thanks to you'." Volunteer Nova

### **Rolling Reads**



"Rolling Reads" is the new patient library trolley at the Northern General Hospital which launched in February 2024. Donated books from staff are distributed to patients on wards by our Ward Activities volunteers. Crime novels are particularly popular!

# **Arts in Health - Enhancing Environments**

We offer specialist project management for installation of artwork in the hospitals to create a more pleasant and calming environment for patients, visitors and staff. We advise on artists, procurement, installation and ensure all hospital health and safety requirements are adhered to.

### Installations this year include;



Staff photography on L Floor



Staff created mosaics in Critical Care garden



Donated artwork by Lauren Woodcock on Vickers Link corridor



Artwork in NGH Mortuary family room

# **Arts in Health - Enhancing Environments**



Bespoke artwork by Jacqui Sorrell in Chesterman OPD



History Group with boards showing history of NGH - Vickers Link Corridor



CICU staff room

Ongoing projects;
RHH Mortuary
Brearley 5 Day Room
Brearley Wards artwork
O1 Haematology
Huntsman 5
Outpatients 1
K Floor staff artwork
Jessops theatres
Chesterman 2 dayroom
Chesterman Outpatients
Jessops calm room

## Arts in Health - Enhancing Environments - Galleries

This year saw a number of exhibitions launch in our gallery spaces and the opening of our third gallery, the Five Rivers Gallery, on A Floor at RHH.













Exhibition by Artworks, a collective of artists with Learning Disabilities and Autism - currently at Seven Hills Gallery

Opening of Five Rivers Gallery with an exhibition of staff artwork - "Leaves an Impression"

"Stories from the Pandemic" a selection of the Millennium Galleries exhibition from Compassionate Sheffield -currently in Vickers Link Gallery

# Arts in Health - Other projects

We are members of local and national networks which ensure we are kept abrest of developments in Arts in Health. These include the National Arts in Hospitals Network, the Regional Arts Managers Network and the Sheffield Culture and Health board.

We worked with the Staff
Wellbeing Team to utilise
funding from the Integrated
Care System to create 30
staff art boxes for use by
Wellbeing Champions to
carry out creative activities
with staff.

We launched a quarterly newsletter to promote our work which is sent to internal and external colleagues. Copies can be downloaded from our Sharepoint site



Our sympathy cards continue to be very popular with ward staff who request them to send to bereaved families. 472 cards distributed in this period



204 colouring books and 40 story books, donated by WH Smith to the Sheffield Hospitals Charity, were found a home by Arts in Health. 15 different departments took a supply for any children which they might interact with e.g. children in waiting rooms. The rest went to Donna Webster, Play Specialist, for distribution to areas such as Children's Outpatients and A&E.

# **Arts in Health - Future plans**

Our future plans include;

Expansion of the **music programme** to incorporate more wards and departments (increase from 18 to 21 concerts per month).

Creation of **visual arts brochure and guidelines** to improve service to departments looking to make improvements as well as Standard Operating Procedures to ensure artwork installations are consistent in the Trust.

Development of **Ward Activities** including increasing number of volunteers, expansion into new wards, additional training for volunteers on delivery of creative activities.

Creation of a **Patient Artwork Project** which will see patients across the hospitals take part in an activity resulting in a new exhibition for our Gallery Corridors.

**Staff creativity day** in hospital dining rooms. A chance for staff to see the benefits of creativity and for us to promote the work of the Charity and Arts in Health.

Continued engagement with the **Sheffield Culture and Health Board** who are looking to write a creative health strategy for Sheffield.

Exploration of new areas to introduce **bespoke Arts in Health projects** for specific patient groups.

With the National Arts in Hospitals Network, involvement in development of **national guidance around Arts in Health**.

Funding application to Charity's 'Reducing Health Inequalities Fund' to expand '**Relax**, **Breathe**, **Sing**' sessions to areas of deprivation and underrepresented groups.

# Working with the Sheffield Hospitals Charity

- Arts Activities Officer Sophie Smart was part of the team who supported the 'Baby
   Loss Awareness Week' stand in Meadowhall alongside Jessops Bereavement Team
   and the Charity (pictured right). A paper butterfly craft was provided.
- Representatives from the Charity have begun to attend volunteer training sessions to share information about the Charity and its work.
- Katie Fielding, Event Fundraising Manager has attended both a music concert and an Active Response volunteer shift to find out more about our work.
- The Charity logo is featured on all our documentation and on musician and volunteer uniform as well as email signatures.



- Our social media posts refer to the Charity's support as do our websites and Sharepoint/Intranet pages which also include links to the Charity's website.
- The **Arts Coordinator Enhancing Environments**, works closely with the Charity on its environmental improvement projects and the **Arts Coordinator Special Projects** arranged musicians to play at the opening of the Secret Garden in July 2023.
- Volunteers are made aware of **Charity events** through the Charity section in our bi-monthly volunteer newsletter and a number have assisted as Marshalls at events.
- When we have a surplus of applicants they are now directed to consider volunteering with the Charity.
- Output from Arts in Health projects is to be used on Charity merchandise.
- We share leaflets and information about the Charity at events we attend.

# Sheffield Teaching Hospitals

## Voluntary Services Team - contact details



Emma Scott - Voluntary Services Manager - emma.scott46@nhs.net - 07388 997848 - oversees volunteering and arts in health



Nicola Ashton - Voluntary Services Coordinator - nicola.ashton7@nhs.net - 07826 917795 - administrative support including recruitment, training and ordering



Jane Elliott - Project Officer - Voluntary Services - jane.elliott7@nhs.net - 07384 240922 - volunteer development and new projects



Fiona Fisher - Volunteer Coordinator - Northern Campus - fiona.fisher2@nhs.net - 07776 566966 - coordination and support of volunteers on Northern Campus



Chris Ley - Volunteer Coordinator - Central Campus - christopher.ley2@nhs.net - 07970 415650 - coordination and support of volunteers on Central Campus



Victoria Gisborne-Land - Arts Coordinator-Enhancing Environment - victoria.gisborne-land@nhs.net - 07776 567004 - project management of art installations and galleries



Mir Jansen - Arts Coordinator- Special Projects - mir.jansen@nhs.net - 07776
567029 - coordination of music and arts programme including bespoke projects
Sophie Smart - Arts Activities Officer - sophie.smart1@nhs.net - 07776 567357 coordination and support of Ward Activities volunteers and activities resources



Sheffield Hospitals Charity

Volunteers - Twitter/X @STH\_Volunteers - Facebook @Sheffhospvols - Website<u>https://brilliantplace.sth.nhs.uk/volunteering.html</u> Arts in Health - Twitter/X @ArtsSth - Facebook @ArtsinHealthSTH - Instagram @arts\_at\_sth - Website <u>https://arts.sth.nhs.uk/</u>